

Bupa Short Stay checklist

Have you been assessed for a short stay by Needs Assessment and Service Coordination (NASC).

Yes and NASC have confirmed dates for us.

No
Ask the Doctor of the person in your care to refer you to (NASC) for an assessment.

Or
You are prepared to pay for a Bupa Short Stay.

Great - now just give us a call to book your Bupa Short Stay.

We will give you some forms that will need to be filled out. Please bring this paperwork with the person in your care on the day of arrival.

- Admission agreement.
- Enduring Power of Attorney details for your loved one.
- A list of your medications from their doctor.
- Doctor's contact details.
- Map of life - to help us understand how your loved one likes to spend their day.
- Property/belongings list.

The person in your care is welcome to bring the following items with them to make their stay more comfortable.

- Day clothes, footwear, slippers and 2-3 sets of night wear.
 - Toiletries.
 - Socks, stockings and underwear.
 - Medication for the length of your stay in sealed packaging.
 - Any specialised equipment e.g. walker or wheelchair.
 - Coat or jacket.
 - Personal items such as photos, books or radio.
- We recommend that personal items are well named. The person in your care may wish to bring a small amount of cash. A locked drawer is provided in each room.
- *Please don't bring valuables.**

At the end of a Bupa Short Stay - We will give the person in your care a copy of the notes summarising their stay.