



Ascot Care Home

**Caring for
you is our
priority.**



[bupa.co.nz](https://www.bupa.co.nz)

Bupa 

Welcome to Ascot Care Home

Full of natural light and surrounded by landscaped gardens, Ascot enjoys views over Racecourse Road. We're positioned close to the Ascot Park and only five minutes drive from town.

"I am forever grateful for the wonderful care mum receives. She looks the happiest I have seen her in a long time"

Your care

Taking care of the lives in our hands

At Ascot, understanding what you need is really important to us. We want to make sure that your care is personalised and that you live the best life possible. Your enjoyment of each day is our main focus – we make sure you can live 'your day, your way'.

Expertise

Whenever you have special care needs, we'll give you the very best expert care – as well as helping you to stay as independent as possible. Our person-centred approach puts you at the centre of what we do and makes sure you're looked after with respect and dignity.

Understanding

We want to understand what is important to you and make decisions together with you and your family – after all Ascot is your home. We'll ask you about what you like and your favourite things to do. From there we will plan care and activities with you to make sure you get the very best from us.



Bupa Short Stay

We understand that you or your loved one may need a break from time to time. You may have other commitments, or just need some time out - whatever the reason, we can help choose what's best for you.

Bupa Short Stay gives you flexible options for spending time with us - anything from joining us for a meal, to staying for several days or weeks in one of our care homes. We can help with rehabilitation.

Our staff

At Ascot, we choose all our staff carefully to make sure that you get the quality care you need, from people who are kind, experienced and respectful.

Making a home

We have a warm and welcoming home with spacious rooms. We understand what it means to feel at home and we'll make you feel comfortable here at Ascot. Family and friends are welcome to visit at any time, because we know that the little things are so important.



You may even be able to bring your pet – just check with our care home manager first.

What makes us special?

It's up to you what you want to do with your day. We go on regular van outings around Southland to local attractions. We have a range of activities for you to enjoy, including indoor bowls, reading groups, cards, Scrabble and our exercise classes.

Types of care

- Rest home
- Hospital
- Dementia care
- Bupa short stay services



About Bupa

We provide quality health and care around the world. We provide expert advice and a range of care with our care homes, retirement villages, medical alarms and rehabilitation sites. Our purpose is to help people live longer, healthier, happier lives.

Our focus is on our customers. We invest back into improving the quality of our health and care services in New Zealand.

Largest residential aged care provider in NZ

Our high satisfaction scores and customer recommendations continue to endorse why people choose our Bupa care homes.

Over 60 years' experience

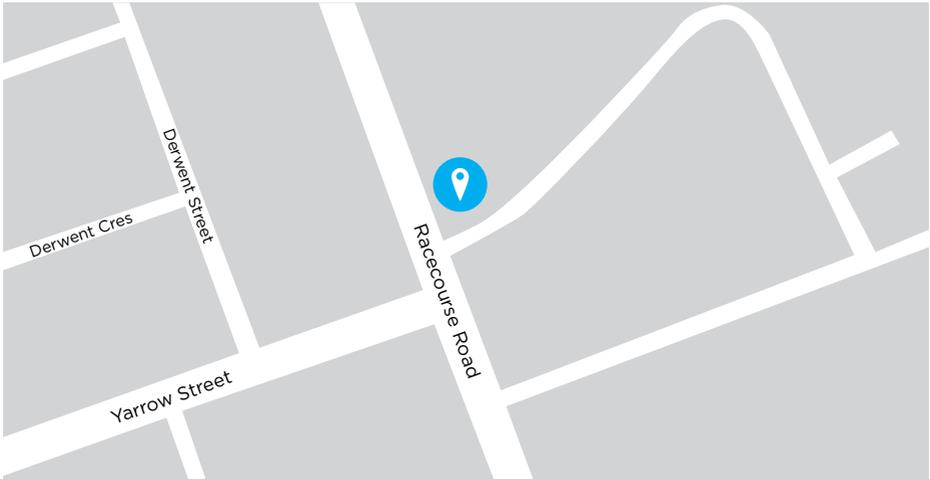
We began operations in 1947 in the UK when 17 provident associations joined together to form Bupa with the purpose of “preventing, relieving and curing sickness and ill health of every kind”. We have 29 million customers in over 190 countries.

Specialists in dementia care

We play a leading role in shaping dementia services, providing around one third of New Zealand’s specialist dementia beds. Globally, Bupa is the largest provider of specialist dementia care. Bupa and Alzheimer’s Disease International have developed a joint Global Dementia Charter - aimed at helping people to live well with dementia.



Contact us



Our features

- Small and friendly
- 24 hour assistance
- Landscaped gardens
- Family room
- Communal dining room
- Private lounges
- Hair salon
- Ensuite bathroom
- Family self serve café

Talk to us today

We would love to have the opportunity to talk to you about what we can do to help.



Ascot Care Home
149 Racecourse Road,
Invercargill



Call Liza Adams
on (03) 217 5714
or 027 655 5209

